



HOLY GHOST ORTHODOX CHURCH

BRIDGEPORT, CONNECTICUT

1510 East Main Street, Bridgeport, CT 06608 ·

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MARCH 2, 2025 – SUNDAY OF CHEESEFARE – Tone 3

The Expulsion of Adam and Eve from Paradise

<u>Scripture Readings</u>	<u>Services</u>
MONDAY, MARCH 3 Genesis 1:1-13 Proverbs 1:1-20	WEDNESDAY, FEBRUARY 26 Bible Study.....6:30 p.m.
TUESDAY, MARCH 4 Genesis 1:14-23 Proverbs 1:20-33	SATURDAY, MARCH 1 Great Vespers.....4:00 p.m. Panikhida in loving memory of Dorothy Kopko on her 1 st anniversary in the Lord and in loving memory of Lauren Kopko on her 40 th day in the Lord. (<i>before Vespers</i>)
WEDNESDAY, MARCH 5 Genesis 1:24-2:3 Proverbs 2:1-22	SUNDAY, MARCH 2, Sunday of Cheesefare The Expulsion of Adam and Eve from Paradise Divine Liturgy.....9:00 a.m. Rite of Forgiveness.....10:30 a.m.
THURSDAY, MARCH 6 Genesis 2:4-19 Proverbs 3:1-18	MONDAY, MARCH 3 Canon of St. Andrew.....5:30 p.m.
FRIDAY, MARCH 7 Genesis 2:20-3:20 Proverbs 3:19-24	TUESDAY, MARCH 4 Canon of St. Andrew.....5:30 p.m.
SATURDAY, MARCH 8 Hebrews 1:1-12 Mark 2:23-3:5	WEDNESDAY, MARCH 5 Presanctified Liturgy.....5:30 p.m.
<hr/> <i>All services will also be streamed online via Facebook Live as follows:</i> https://www.facebook.com/Holy-Ghost-Russian-Orthodox-Greek-Catholic-Church-681248091936330/	SATURDAY, MARCH 8 Divine Liturgy.....9:00 a.m. Great Vespers.....4:00 p.m. Panikhida in loving memory of parents, Ann & John Sencio and Aunt Margaret Belas, from Subdeacon Brian & Ruth Sencio (<i>before Vespers</i>)
Reminder: The schedule of services can be found on the front page of our website, https://holyghostbpt.com/ The schedule is recorded on the Google Calendar of the church's acct. You can add it to your own Google Calendar by clicking the + sign on the bottom right corner of the calendar window.	SUNDAY, MARCH 9, FIRST SUNDAY OF GREAT LENT, Sunday of Orthodoxy Divine Liturgy.....9:00 a.m.

SUNDAY OF CHEESEFARE

The Expulsion of Adam and Eve from Paradise

Commemorated on March 2

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendants became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.



At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

Romans 13:11-14:4

(Epistle)

11

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed.

12

The night is far spent, the day is at hand. Therefore, let us cast off the works of darkness, and let us put on the armor of light.

13

Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.

14

But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.

1

Receive one who is weak in the faith, but not to disputes over doubtful things.

2

For one believes he may eat all things, but he who is weak eats only vegetables.

3

Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him.

4

Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Matthew 6:14-21

(Gospel)

14

For if you forgive men their trespasses, your heavenly Father will also forgive you.

15

But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

16

Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.

17

But you, when you fast, anoint your head and wash your face,

18

so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

19

Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;

20

but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

21

For where your treasure is, there your heart will be also.

HOLY GHOST WEBSITE DOMAIN NAME HAS CHANGED ... Please note that the website can be accessed at the following address: <https://holyghostbpt.com/>

CANDLE DESK DUTY

March 2 – Tim Savisky

March 9 – Daria Ploski-Slavin

If you are unable to make your scheduled day, please switch with another member.

COFFEE HOUR CLEAN-UP ... This week's cleanup crew is Group P through Z. If this is your week to help, please see crew chief Daria Ploski-Slavin for instructions. Thank you!

CANDLES / DONATIONS

- Table of Oblation for the health & happiness of Jason T. Savisky on his birthday from his family.
- Lampatki over Royal Doors in loving memory of Dorothy Kasper Kopko on the first anniversary of falling asleep in the Lord (02/16)
- Altar Table in loving memory of Nancy Kasper Savisky from her family.
- Two large crosses in loving memory of Dorothy Kopko (first anniversary in the Lord) and Lauren Kopko (40th day in the Lord) from their family (*Saturday panikhida*).
- An anonymous donation of \$1,000 for the departed to the General Fund.

FINANCIAL UPDATE (Susan Maugeri, Financial Secretary)

	<u>January</u>	<u>Total/Actual</u>
Total Miscellaneous	\$ 15,065.98	\$ 96,672.15
Total Expenditures	<u>29,634.13</u>	<u>90,846.16</u>
Gain/Loss	<u>(\$ 14,568.15)</u>	<u>\$ 5,825.99</u>

We had a loss for the month of \$14,568.15 due to an insurance payment and the taxes for the Brook Street houses. We still maintain a profit for the year, though, of \$5,825.99.

LENTEN SOUP FUND RAISER ... Please place your orders for soup if you have not already done so. March 2nd is the first Sunday that soup will be available. Please check the sheet downstairs.

LENTEN VOLUNTEER OPPORTUNITY ... The Beth-El Homeless Shelter in Milford is looking for volunteers to help out from 3pm-7pm on **Friday, March 7** in preparing and serving dinner to clients.. If you're available and interested, please contact Dave Lepesko or Fr Mark. There is also a sign-up sheet downstairs. Thank you to those who have already signed up!

CONFESSION SCHEDULE ... Please take the opportunity in this Great Lenten season of repentance to come to confession. According to the holy canons of the Orthodox Church, confession and communion at least once per year is required for membership in good standing. Fr Mark will be available to hear your confession at church every Wednesday 30 minutes before Presanctified Liturgy, and every Saturday for 30 minutes before and after Vespers. You can also schedule confession individually with Fr Mark if you are not available those times. May God give us all grace and courage to come and be reconciled to Christ and His Church!

MARCH 23, SUNDAY OF THE CROSS, LENTEN VESPERS ... Holy Ghost is hosting the 4:00 p.m. Mission Vespers, and cooks/bakers are needed for a Lenten meal. Please see the sign-up sheet downstairs, and talk to LoveAnn Curran if you have any questions. It is FORCC Sunday (Fellowship of Orthodox Christians of Connecticut), an organization that does great work bringing Orthodox Christians of all jurisdictions in CT together. Thank you!



BEHIND THE SCENES...

Bob Denhup of the work crew has been very busy in the choir loft ironing the purple cloths for Great Lent.

Thank you, Bob!

FEBRUARY 22 SOUL SATURDAY (Names of the departed were read & prayed for)



FEBRUARY 23 DIVINE LITURGY (“SECOND SUNDAY” / “ASK THE PRIEST”)



We had another great, informative session of “Ask the Priest”, albeit a shortened session due to the Parish Council meeting at 11:30.

Many thanks also to those who served and supplied the hearty dishes and delicious desserts for “Second Sunday” coffee fellowship.

It was a very busy, fun Sunday!

PARISH METRICS (MARCH 2 THRU MARCH 8)

BIRTHDAYS

David Lepascko, March 5th; Bob Denhup, March 6th; Lucas Pecor, March 6th (6 years old); and Stephen Pronechen, Jr., March 7th

God Grant them Many Years!

Многая лета!

ANNIVERSARIES

None Listed

DEPARTED FROM THE PARISH METRICS

MARCH 2 – Anna Dirga, 1907 (2 months); Anastasia Gunda, 1914 (3 months); Maria Cisko, 1923 (58); Joseph Guslik, 1947 (65); Michael Popadic, Sr., 1970 (72); Henry Rader, 1974 (65); Daniel Gregory Kolton, 1981 (60); Alexander William Karulus, 1982 (62)

MARCH 3 – Vasily Mindevsky, 1929

MARCH 4 – Stephen Saranacky, 1949 (64); Porfiry Sinuke, 1953 (79); Nicholas Komarovsky, 1991 (86); Mary Vogel, 2006; Michael Babina, 2012 (84)

MARCH 5 – Nicholas Osedach, 1918 (1 month); John Jankura, Sr., 1958 (70); Vasily (William) Messick, 1958 (42); Mary Tarasuk, 1961 (60); Leon Jamlik, 1964 (75); Michael Shostak, 1971 (85); Mary Kraynak, 1983 (86); Milizia Drobashkevsky, 1993 (92); Antonia Pistey, 1994 (90); Michael Ezechik, 1998 (81); Irene B. Jablonsky, 1998 (83); Helen Shusko, 1999; Helen K. Fitzgerald, 2003 (87)

MARCH 6 – Joseph Liba, 1899 (22); Martha Chervenak, 1956 (83); Andrew Sepiuk, 1991 (99); William Allen, 1996; Olga Paul, 2000 (84)

MARCH 7 – Elias Papach, 1912 (3 days); Anton Ribachonok, 1912; Anna Baktura, 1918 (24); Mary Karaffa Labash, 1984 (77)

MARCH 8 – Joanna Sivec Choun, 1940 (39); Lena Leson Sivec, 1990 (92) Helen Zedick, 1991 (86)

Memory Eternal!

Вечная память!

